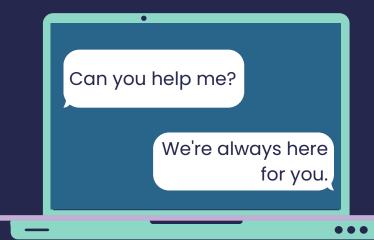


## You are not alone.

At Teenage Helpline, we provide peer-to-peer mentoring services for young people across the UK.

To find out more, visit www.teenagehelpline.org.uk or get in touch with our youth mentors by emailing support@teenagehelpline.org.uk.



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