

# Need someone to talk to?

At Teenage Helpline, we provide  
peer-to-peer mentoring services  
for young people across the UK.

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**TEENAGE  
HELPLINE**

Teenage Helpline is registered  
in England & Wales.  
Company number: 09170949  
Charity number: 1194937

To find out more, visit  
[www.teenagehelpline.org.uk](http://www.teenagehelpline.org.uk)

   @TeenageHelpline

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